

**TERM THREE**  
**WEEKLY LESSON NOTES**  
**WEEK 3**

<b>Week Ending:</b> 23 <sup>rd</sup> SEPT, 2022		<b>DAY:</b>	<b>Subject:</b> R.M.E
<b>Duration:</b> 50MINS		<b>Strand:</b> Ethics & Moral Life	
<b>Class:</b> B7	<b>Class Size:</b>	<b>Sub Strand:</b> Manners & Decency	
<b>Content Standard:</b> B7 5.1.1: Develop good manners and learn how to apply them in their daily lives.		<b>Indicator:</b> B7 5.1.1.3: Discuss the significance of chastity	<b>Lesson:</b> 1 OF 2
<b>Performance Indicator:</b> Learners can discuss the significance of chastity		<b>Core Competencies:</b> CG 5.1 CG 5.4:CG 6.1: CP 5.2: CP 6 .3PL 5.4: PL 5.5: PL 6.1: PL 6.4:	
<b>References:</b> R.M.E Curriculum Pg. 17			
<b>Phase/Duration</b>	<b>Learners Activities</b>	<b>Resources</b>	
<b>PHASE 1: STARTER</b>	Engage learners in conversation and ask; <ul style="list-style-type: none"> <li>• Do you know of any Catholic priest or Roman sister in your community?</li> <li>• Do Catholic priest or Roman sister marry? Why?</li> <li>• Describe the way of lives of catholic priest and roman sisters.</li> </ul> <p>Share performance indicators and introduce the lesson.</p>		
<b>PHASE 2: NEW LEARNING</b>	Brainstorm learners for the meaning of chastity. Chastity is the total abstinence from all sexually related activities until marriage.  Relate to the Catholic priests, Roman sisters, Nun and Monks to further explain chastity.  In groups, learners discuss how adolescent can remain chaste or live a chaste life.  Call groups to present their solutions to the tasks. Encourage peer assessment and comments on other issues.  Guide learners to identify how adolescent can remain chaste or live a chaste life. <ul style="list-style-type: none"> <li>• Adolescent should be assertive</li> <li>• They should avoid friends that can force them to engage in premarital sex.</li> <li>• Avoid watching pornographic films and materials</li> </ul> <p><u>Assessment</u> What is chastity? State four ways of living a chaste life.</p>	Pictures and charts	
<b>PHASE 3: REFLECTION</b>	Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson.		

	Take feedback from learners and summarize the lesson.	
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Homework

List four benefits of living a chaste life,

Mention four effects of teenage pregnancy.

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<b>Class:</b> B7	<b>Class Size:</b>	<b>Sub Strand:</b> Manners & Decency
<b>Content Standard:</b> B7 5.1.1: Develop good manners and learn how to apply them in their daily lives.	<b>Indicator:</b> B7 5.1.1.3: Discuss the significance of chastity	<b>Lesson:</b> 2 OF 2
<b>Performance Indicator:</b> Learners can discuss the significance of chastity	<b>Core Competencies:</b> CG 5.1 CG 5.4:CG 6.1: CP 5.2: CP 6 .3PL 5.4: PL 5.5: PL 6.1: PL 6.4:	
<b>References:</b> R.M.E Curriculum Pg. 17		

Phase/Duration	Learners Activities	Resources
<b>PHASE 1: STARTER</b>	<p>Revise with learners on the previous lesson.</p> <ul style="list-style-type: none"> <li>• One way of living a chaste life is to avoid .....</li> <li>• A vow to remain chaste for religious reasons is known as?</li> <li>• What are the effects of premarital sex on a school boy and girl?</li> </ul> <p>Share performance indicators and introduce the lesson.</p>	
<b>PHASE 2: NEW LEARNING</b>	<p>Guide learners to write scripts to Role play ways of leading a chaste life.</p> <p>Allow learners to role play in groups, so that everyone will have equal opportunity of participating.</p> <p>Pause after every performance to analyze and appreciate what went well and what didn't.</p> <p>In groups, learners discuss the importance or benefits of leading a chaste life. Example:</p> <ul style="list-style-type: none"> <li>• It helps one to avoid STDs</li> <li>• It makes one socially acceptable and respected.</li> <li>• It helps girls to prevent unplanned pregnancies and abortion.</li> </ul> <p>Through a whole class discussion, guide learners to discuss the effects of not leading a chaste life. Example:</p> <ul style="list-style-type: none"> <li>• One can contract STDs.</li> <li>• Unplanned pregnancy and abortion</li> <li>• School dropout</li> </ul> <p><u>Assessment</u> State four advantages of leading a chaste life State three effects of not leading a chaste life</p>	Pictures and charts
<b>PHASE 3: REFLECTION</b>	<p>Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson.</p> <p>Take feedback from learners and summarize the lesson.</p> <p><u>Homework</u></p>	

	List four benefits of living a chaste life, Mention four effects of teenage pregnancy.	
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