

GUIDANCE AND COUNSELLING QUIZ (WEEKENDS)

Read each statement carefully and select the most appropriate answer from the options provided. You are expected to **ANSWER TWENTY (20) questions in 20 MINUTES**. Once you have responded to twenty (20) questions, click on SUBMIT. However, if you are unable to finish, the system will automatically submit the form.

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* Indicates required question

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The various services of guidance are distinct of each other. *

1 point

- A. True
- B. False



Which guidance service entails the keeping of records of pupils? *

1 point

- A. Follow-up-service
- B. Information service
- C. Orientation service
- D. Appraisal service

One of the purposes of counselling is to change adjusted behaviour of students

* 1 point

- A. True
- B. False

Why would the guidance programme of various schools differ from one another?

* 1 point

- A. Intelligent abilities of learners vary
- B. Needs of learners in the school vary
- C. Sexes of coordinates differ
- D. Various schools have different heads



Which of the following word can be used appropriately to describe genuine * 1 point
as a communication skill in counselling?

- A. Acceptance
- B. Congruence
- C. Empathy
- D. Warmth

School guidance seeks to achieve one of the following objectives, it is * 1 point
to_____

- A. Anticipate and prevent students' crisis
- B. Conduct periodic academic assessment
- C. Monitor only wayward students
- D. Solve relationship issues among students

The cumulative record of pupils is also known as inventory record. * 1 point

- A. True
- B. False

Offering advice to people is major reason for counseling people * 1 point

- A. True
- B. False



Autobiography is an example of non-test appraisal method in guidance * 1 point

- A. True
- B. False

To organize information service in your school, the School Counselor can put up notices and posters on the bulletin boards * 1 point

- A. True
- B. False

INDEX NUMBER *

Your answer

Guidance is oriented toward "co-operation", not "compulsion" means_____ * 1 point

- A. All pupils in the school benefit from guidance
- B. Guidance is predicted on consent and not coercion
- C. Other resource persons need to be involved in guidance
- D. Students are made to understanding their own personalities



Edmund Williamson is a proponent of the directive approach in counseling * 1 point

- A. True
- B. False

Which of these is an important principle in counseling? * 1 point

- A. Confidentiality
- B. Facilitation
- C. Reality
- D. Self-understanding

When guidance is considered a Team Effort, it means guidance involves a large number of students * 1 point

- A. True
- B. False

Which one of the following is a key concern of a school counseling programme? * 1 point

- A. Directing students into appropriate jobs
- B. Helping students to solve their emotional problems
- C. Helping students to choose good schools
- D. Helping students to develop good study habits



Ghana officially accepted Guidance and Counselling into educational institutions in 1956

* 1 point

- A. True
- B. False

Which principle of guidance is being violated when a practitioner invites only troublesome students for guidance? Guidance is_____

* 1 point

- A. Team effort
- B. Cooperation and not compulsion
- C. For all ages
- D. For all students

Teaching all subjects on the timetable effectively is a role of the teacher in the guidance and Counselling programme

* 1 point

- A. True
- B. False

Vocational counselling is also referred to as Educational Counseling. *

1 point

- A. True
- B. False



The statement "Guidance is Developmental' means that it_____ *

1 point

- A. Helps people adjust to the problems of one stage before preceding
- B. Helps people to develop skills
- C. Is a long process
- D. Is only meant for at the lower developmental stage of life

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